



69th Annual

Headliner's Night

HONORING THE
HERBERT MOREWITZ
SPORTS PERSON OF THE YEAR



Dr. William R. Harvey
President of Hampton University



Paul S. Tribble, Jr.
President of Christopher Newport University

Monday, June 25, 2018 • Newport News Marriot at City Center

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A note from the...

PENINSULA SPORTS CLUB PRESIDENT

Welcome to the Newport News Marriott at City Center and the 69th Annual PSC Headliner's Night. Since the Club's founding in 1949, this event has symbolized one of our missions in that to recognize, award and reward those within the Peninsula sporting community who have devoted their time, talents and energy to advancing athletics

Tonight, we honor those individuals who have achieved excellence in their sport. The Peninsula continues to be a local, state and national leader in producing excellent athletes, and developing those who achieve significant coaching and administrative positions as well.

The PSC will honor tonight thirty-two individuals who have made a very significant impact on our community as an athlete, coach, administrator, and university leader. Wherever and whenever a budding athletic person is or has performed, we try to capture that for you so that we may give them their due reward.

Our Herbert Morewitz Sports Person of the Year Award this year rewards two polarizing individuals from two distinguished universities - Dr. William R. Harvey, Hampton University and Mr. Paul S. Tribble, Jr., Christopher Newport University. Both the respective President of their institutions, and ones who embody the purest characteristics of leadership in their support, promotion, and enhancement of their respective school's sports programs.

We continue our attention to student athlete scholarship with the awarding of ten \$1,000 scholarships. These recipients are some of the finest student athletes the Peninsula has to offer, and with our recognition of them tonight, it will push the contribution to this project by the PSC and PSC Foundation to well over \$200,000 since inception.

We, in the PSC, are proud of our contributions to the Peninsula sporting community, and invite each of you to join with us. You may discover more about the PSC by visiting our website where you will find our history, past and coming events, the PSC Foundation, and an application for membership. The PSC is open to all persons, and we encourage you to come and visit an event soon to get to know us better.

On behalf of the PSC Membership, Board, Officers and me, congratulations to all of our honorees, a thank you to each of you in attending, a special thank you to our sponsors, and the extension of an invitation to attend a PSC event in the very near future. We look forward to having you!

With best regards,



E.M. "Sonny" Seay, III



PENINSULA SPORTS CLUB

Since its founding in 1949, the Peninsula Sports Club has been an active force on the sports scene. The 1st Headliner's Night was held in 1950 and continues to recognize high school, college, and professional athletes, coaches and volunteers from local communities. In 1955 the first All-Peninsula football team was honored. In 1958, baseball, basketball and track were added.

The Club became involved in community projects, advocating a "civic center" which became the Hampton Coliseum, and was involved in bringing professional baseball back to the Peninsula in 1963. In 2012, we were proud to incorporate the PSC Foundation to enhance the Club and its offerings. The Club provides financial aid to high school athletes throughout the greater Peninsula area through the scholarship program and is active with many events throughout the Peninsula through our membership.

The goals of the Club have remained the same over the years, to identify and recognize Peninsula citizens who promote sport activities make outstanding contributions to perpetuate community athletics; and to recognize outstanding Peninsula athletes, many of whom have gained national acclaim. The Club continues to recognize and honor the successes of female and male high school and college athletes throughout the area.

2017 - 2018 OFFICERS

President.....	E.M. "Sonny" Seay, III
1st Vice President	Keisha Pexton
2nd Vice President	Joe Dusewicz
Treasurer	Bobby Hilling
Secretary	Carol Preston
Sergeant at Arms	Horace Underwood

DIRECTORS

Bill Badgett	Willie Brown	Alvin Mann	Bud Porter	Boo Williams
Greg Bicouvaris	Greg Henderson	Sam Mayo	Ray Smith	
Bobby Brown	Belinda Langston	Kyle McMullin	David Thomas	

Website Administrator: Carolyn B. Langevin

— PAST PRESIDENTS —

1949 - Herbert Morewitz William Van buren, Jr.	1972 - C.C. Duff, Jr.	1996 - Willie Brown
1950 - (Herbert Kelley finished term)	1973 - Tom Crenshaw	1997 - Mary Jo Horton
1951 - Charles Karmosky	1974 - W.A. Bud Porter	1998 - Mike Barber
1952 - Louis (Lolly) Aronow	1975 - Bob Tysinger	1999 - George Powell
1953 - H.V. (Bird) Hooper	1976 - Jerry Franklin	2000 - Boo Williams
1954 - Vic Zodda	1977 - Larry Turner	2001 - Gordon Cooper
1955 - Vaughn Mackey	1978 - C.J. Browne	2002 - Steve Veazey
1956 - Bruce Barclay	1979 - Bill Copeland	2003 - Jim Healy
1957 - Fred (Tootsie) Bashara	1980 - Ron Kubesh	2004 - Jim Healy
1958 - Elmo Stephenson	1981 - Bob Moorman	2005 - Michael Evans
1959 - Arthur Newsome, Jr.	1982 - Elmer Fisher	2006 - Michael Evans
1960 - L.W. (Duff) Kliever	1983 - Nelson Ellis	2007 - Horace Underwood
1961 - Bob Moskowitz	1984 - Glen Davenport	2008 - Colleen Messier
1962 - Dr. J.t. (Tommy) Jobe	1985 - Horace Underwood	2009 - Colleen Messier
1963 - Gene O. Howell	1986 - Bev Vaughan	2010 - Lori Woods
1964 - George Walker	1987 - John Graham	2011 - Lori Woods
1965 - Richard W. Hudgins	1988 - John Graham	2012 - Bryan Weaver
1966 - W. Tribble Wilkinson	1989 - Mickey Marcella	2013 - Bryan Weaver
1967 - John (Bucky) Marshall	1990 - Bobby Brown	2014 - Sonny Seay
1968 - Godfrey L. Smith	1991 - W.A. Bud Porter	2015 - Sonny Seay
1969 - Monty Williams	1992 - Sam Vreeland	2016 - Sonny Seay
1970 - Jimmy Eason	1993 - Connie Powers	2017 - Sonny Seay
1971 - Frank Schwalenberg	1994 - Bill Smith	
	1995 - Tom Lee	

PENINSULA SPORTS CLUB FOUNDATION

The Foundation is the financial arm of the Peninsula Sports Club with the responsibility of enhancing and managing the growth of the Peninsula Sports Club scholarship fund.

It is a non-profit tax exempt 501-(c)-3 charitable organization, and contributions to it are tax deductible. The Peninsula Sports Club is proud of its commitment to scholarship, and over the life of the Club has distributed over \$190,000 to this project. Please consider making a 2017 contribution today by mailing your check payable to the Peninsula Sports Club Foundation at:

PSC Foundation
Post Office Box 459
Newport News, VA 23607

"Education through scholarship is a key element to individual success"

2018 PENINSULA SPORTS CLUB FOUNDATION BOARD

Vice President: Keisha Pexton
Treasurer: Bill Badgett
Secretary: Joan Powers

Director: E. M. "Sonny" Seay, III
Director: W. Connie Powers, III



69th Annual HEADLINER'S NIGHT

COMMITTEES

PROGRAM	Bobby Hilling, Sam Mayo, Belinda Langston, Keisha Pexton
BANQUET	E. M. "Sonny" Seay, III
RESERVATIONS	Belinda Langston, Horace Underwood
PROGRAM WRITER/EDITOR	Jim Heath
HEADLINER'S NIGHT SOCIAL SPONSOR	TOWNE BANK
HEADLINER'S NIGHT DINNER SPONSOR	Bayport Credit Union
HEADLINER'S NIGHT AWARDS SPONSOR	Riverside Sports Medicine

PROGRAM

WELCOME	E. M. "Sonny" Seay, III
PLEDGE OF ALLEGIANCE AND INVOCATION	Willie Brown
MASTER OF CEREMONIES	W. A. Bud Porter, Jr.
BOB MOSKOWITZ MEDIA AWARD	Marty O'Brien
JULIAN RICE AWARD.....	Menchville High School
LEWIS ELMORE "Red" SIMPSON AWARD	Jamestown High School

DINNER

GUEST SPEAKER	Matt Doherty				
HERBERT MOREWITZ SPORTS PERSON OF THE YEAR	Dr. William R. Harvey				
HERBERT MOREWITZ SPORTS PERSON OF THE YEAR	Paul S. Tribble, Jr.				
SPORTS PERSON EMERITUS AWARD	Gene Thompson				
CHARLES KAROSKY AWARD	Belinda Langston				
THAD MADDEN AWARD	Quanisha Bruce				
	Lisa Dillard-Hanks				
	Allen Iverson				
	Yvette Lewis				
	Francena McCorory				
	Randall B. Vaughan, Jr.				
	Keith Witherspoon				
SPECIAL ACHIEVEMENT AWARD	Kermit Buggs				
	Troy Fullwood				
	Bill Nettles				
BETSY THOMAS OUTSTANDING HIGH SCHOOL FEMALE ATHLETE OF THE YEAR	Emma Schriener				
JULIE CONN OUTSTANDING HIGH SCHOOL MALE ATHLETE OF THE YEAR	Patrick McCormick				
COLLEGE SCHOLARSHIP					
	Sean Connors	Kiely Curran	Grace Hoepfner	Kendall Loch	Kennedy Mills
	Gabriella Crooks	Tamera Harris	Thorin Jean	Kirsten Loch	Hannah Smith

THE APPRENTICE SCHOOL ATHLETE OF THE YEAR	COLTON MESSICK
BRYANT & STRATTON COLLEGE ATHLETE OF THE YEAR	Jordan Forbes
CHRISTOPHER NEWPORT UNIVERSITY ATHLETE OF THE YEAR.....	Jeff Dover
HAMPTON UNIVERSITY ATHLETE OF THE YEAR.....	Meshala Morton
STRATFORD UNIVERSITY ATHLETE OF THE YEAR	DeAndre Demiel
THOMAS NELSON COMMUNITY COLLEGE ATHLETE OF THE YEAR.....	Kerstain Aliyah Carter
THE COLLEGE OF WILLIAM AND MARY UNIVERSITY ATHLETE OF THE YEAR	Leia Mistowski
OUTSTANDING IN-STATE COLLEGE/UNIVERSITY FEMALE UNIVERSITY ATHLETE OF THE YEAR	Christina Herbert
OUTSTANDING IN-STATE COLLEGE/UNIVERSITY MALE UNIVERSITY ATHLETE OF THE YEAR	Trenton Cannon
OUTSTANDING OUT OF STATE COLLEGE/UNIVERSITY FEMALE UNIVERSITY ATHLETE OF THE YEAR	Britani Bryson
OUTSTANDING OUT OF STATE COLLEGE/UNIVERSITY MALE UNIVERSITY ATHLETE OF THE YEAR	Brandon Tabb
COMMUNITY IMPACT AWARD.....	Towne Bank
PRESIDENT'S AWARD.....	Kappa Alpha Psi Fraternity
CLOSING REMARKS	E. M. Seay, III

EMCEE - W.A. BUD PORTER



Walter A. "Bud" Porter, Jr.

In nearly 50 years of service, Porter has been a constant contributor to the success of the Peninsula Sports Club.

Tonight's Master of Ceremonies has held every PSC office including two terms as president since he came aboard in 1967. He has served on the Board of Directors since 1969. A graduate of William and Mary and Hampton High School, Porter starred as a running back/punter in football at both institutions.

His athletic career included a 16-year stint as a catcher for the famed Fox Hill fast-pitch softball team. During that time he played in one World and four National Tournaments. He is a member of the ASA Tidewater Virginia Softball Hall of Fame.

As a coach, he served four years as a football assistant at The Apprentice School and many more in area youth football and softball programs.

Porter was a charter board member for the Peninsula Boys and Girls Club, and has served with that body for over three decades.

He was the PSC's Man of the Year in 2000, a Charles Karmosky Award winner in 1993 and a Special Achievement honoree in 1970. Bud was made a PSC lifetime member in 2008.



Matt Doherty

Matt Doherty is currently the Associate Commissioner for Men's Basketball at the Atlantic 10 Conference. He grew up on Long Island, NY and played collegiately at the University of North Carolina where he started on the 1982 National Championship team with Michael Jordan, James Worthy, Sam Perkins and Jimmy Black. The program was led by legendary coach Dean Smith. Matt was drafted by the Cleveland Cavaliers in 1984.

Matt's work experience included government bond sales on Wall St and assistant coaching stints at Davidson College and Kansas before becoming the head coach at Notre Dame, North Carolina, FAU and SMU. In 2001 he was voted the AP National Coach of the year. Matt also worked for ESPNU as a color commentator and was in the front office of the Indiana Pacers as a scout.

Matt is married to Kelly and has two children, Tucker and Hattie. They reside in Mooresville, NC



PENINSULA SPORTS CLUB SUPPORTERS

Mickey Marcella NNHS 54
Carol Marcella NNHS 56
Donnie Marcella MHS 82
Horace Williams NNHS 55
Joe Poslik NNHS 53
Jimmy Shires NNHS 57
Ronnie Weber HHS 54
Jimmy League HHS 55
W.A. Bud Porter HHS 58
Harvey Weinstein NNHS 57
Jimmy Martin NNHS 66
Granville Hall NNHS 54
Emmett McNulty NY Knicks 50
Coach Charles Nuttycombe NNHS
Frank Moore NNHS 56
Hilling Family NNHS
Belinda Langston
Glenn Holloway
Sam & Gail Mayo WHS, ODU 72
Carolyn & Sonny Seay
Keisha Pexton
Bobby Brown WHS 62
Glenn "Bird" Nelson
Bill Haskins NNHS 51
Bruce & Jean Howell
Fred "Bass" Jones HHS 57
J.T Breeden NNHS 54
Billy Castelow Jr. MHS 77
Wayne Castelow WHS 73
Paul Hoffman W&M 81
Bill Badget NSU, HHS 51 years
Mike O'Neil
Larry "Slug" Turner

Carol Preston WHS
Dick Tyson
James P. Healy A-School 59, CNU 78
Allan C. Hanrahan NNHS 55
Carter Ficklen
Jerry Vaughn
Howard Wiseman
Robert "Bob" Worthington
J.T Breeden NNHS 54
Pat Castelow Dalton MHS
Mac Hill NNHS, A-School
Bob Moskowitz

IN MEMORY OF

Joey Lawrence HHS 54
Coach Julie Conn NNHS 22
Coach Louis Plummer NNHS
Harold "Kimbo" Jones NNHS
Frank J. Ottofaro NNHS 54
Allen D. Weinstein
Julius Weinstein
George McIntosh Principal NNHS
Coach J.C. Cowboy Range NNHS
Coach Gorden E. "Pop" Lampkin
Dr. R. Kenneth Joyner NNHS 54
Nick Mayo T-H Sports Editor
Mark Langston NNHS 54
E.M. "Red" Seay Jr.
Ferol Seay
George Heflin
Earl "Pappy" Jackson
Ben Moore
Thomas "Pete" Robinson, Sr.

Who are **THESE GUYS?**

Several Peninsula Sports Club awards are labeled, but not identified...

The **HERBERT MOREWITZ** Sports Person of the Year Award is presented in honor of the club's first president (1949) and an organization co-founder. He was tireless, generous and always optimistic. He spent untold hours coaching youngsters playing for his Hurricanes in the 1940s and 1950s, while also working with the Boys Scouts and Boys and Girls Club of the Virginia Peninsula for five decades until his death in 1997. His most successful venture was spearheading a drive that raised \$1.2 million in 1985 for the construction of a Boys Club building in Denbigh. He also engineered raising \$235,000 to assist in the opening of Peninsula War Memorial Stadium in 1948. No one else backed Peninsula minor league baseball as fervently or tried as diligently to return it here after its collapse in 1992.

The **JULIE CONN** Outstanding High School Male Athlete of the Year Award remembers the colorful, extremely successful Newport News High School athletic director and coach of virtually all sports. He was unequalled in track, and basketball for decades. He spent 56 years in the Newport News school system before mandatory retirement at age 65 in 1970. His basketball teams never missed a VHSL state tournament from 1927 to 1953. His Typhoon won 396 games and lost 77. In track, his tutelage led to 21 outdoor state championships. He was the Peninsula Sports Club's first Man of the Year in 1951 and was National High School Track Coach of the Year in 1958.

The **HENRY JORDAN** Award goes to a professional athlete who demonstrates high integrity and a positive attitude. Jordan is most known for his stellar 11-year career with the NFL's Green Bay Packers (1959-69) as a defensive tackle. He graduated from Warwick High School in 1953 and played collegiately at Virginia. He was a seven-time All-Pro selection and played on the first two Super Bowl champion teams and five NFL champions. He was inducted into the Pro Football Hall of Fame and the Virginia Sports Hall of Fame.

The **CHARLES KARMOSKY** Award recognizes the community spirit which symbolized Karmosky's 38 years as sports editor of the Daily Press. The honor goes to a Peninsula Sports Club member for outstanding contributions to PSC activities. Karmosky was a founding member of the Club and its president in 1951. He was PSC Man of the Year in 1957, and was in the first class admitted to the media wing of Virginia State Athletic Hall of Fame in 1997.

Who are **THESE GUYS?**

Several Peninsula Sports Club awards are labeled, but not identified...

THAD MADDEN spent 28 years as the football, basketball and track coach at Huntington High School in Newport News. In 1971, he moved to Warwick High School and stayed until his retirement in 1981. He owned a 251-114-16 career record in football. In a four-year stretch at Huntington, his basketball teams went 112-13 and won three Virginia Interscholastic League Eastern District titles. In track, his Vikings won 198 state individual titles.

The **BOB MOSKOWITZ** Media Award is presented to the area media person for exemplary presentation of area sports. Moskowitz, a Sports Club President in 1961, logged over 50 years in journalism, and is in the Media Wing of the Virginia Sports Hall of Fame.

The **BETSY THOMAS** Outstanding High School Female Athlete of the Year Award is named for the long-time Lafayette High School athletic director, and James Blair High School field hockey and cheerleading coach. She was a pioneer in the advancement of girl's athletics in the state, and is co-founder of the Lafayette High School Hall of Fame. The 2016 Headliner's Event signifies the first year the Peninsula Sports Club named and presented this award in honor of Betsy Thomas.



Dr. William R. Harvey

President of Hampton University



Dr. William R. Harvey is President of Hampton University and 100% owner of the Pepsi Cola Bottling Company of Houghton, Michigan. A native of Brewton, Alabama, he is a graduate of Southern Normal High School and Talladega College. He earned his doctorate in College Administration from Harvard University in 1972. Before coming to Hampton forty years ago, he held administrative posts at Harvard, Fisk, and Tuskegee universities.

As President of Hampton University since 1978, Dr. William R. Harvey has introduced innovations which have solidified Hampton's stellar position among the nation's colleges and universities. His innovative leadership is reflected in the growth and quality of the University's student population, academic programs, physical facilities, and financial base. His outstanding leadership skills are exemplified by the appointment of fourteen former Hampton University administrators to CEO positions at other institutions during his tenure.

Since Dr. Harvey became President, student enrollment has increased from approximately 2,700 to a high of approximately 6,300. Seventy-six new academic programs have been introduced including PhD's in physics, pharmacy, nursing, atmospheric and planetary science, physical therapy, educational management, and business administration. During that time, 27 new structures have been built.

Dr. Harvey promotes a learning environment that encourages faculty research rivaling that of major research universities across the nation. Hampton University has built the first proton therapy cancer treatment center in the Commonwealth of Virginia—an unparalleled hub for cancer treatment, research, and technology. Weather satellites have been launched to study noctilucent clouds to determine why they form and how they may be related to global climate change. From Alzheimer's research and alternative fuels to nanodevices combining diagnostic and therapeutic functions for early diagnosis and treatment of arthritis, under the competent leadership of President Harvey, Hampton University is poised to become a leader in research and technology not only in the Hampton Roads area and Virginia, but nationwide. These new programs, together with existing ones, have placed and kept Hampton on the cutting edge of higher education.

An astute businessman, the budget has been balanced with a surplus every year of his presidency. Dr. Harvey initiated a university-owned commercial development consisting of a shopping center and 246 two-bedroom apartments. All after-tax profits from the Hampton Harbor Projects are primarily utilized for student scholarships. Additionally, the Project creates jobs, provides services, has increased the number of African-American entrepreneurs, and expanded the tax base in the City of Hampton.

As a fundraiser, he is considered one of the best in the country. When Dr. Harvey became President, Hampton's endowment was at \$29 million. Today, that endowment stands in excess of \$290 million.

His achievements have been recognized through inclusion in Personalities of the South, Who's Who in the South and Southeast, Who's Who in Black America, Who's Who in Education, International Who's Who of Intellectuals, Two Thousand Notable Americans, Who's Who in Business and Finance, and Who's Who in America.

Dr. Harvey is married to the former Norma Baker of Martinsville, Virginia, and they have three children—Kelly Renee, William Christopher, and Leslie Denise—and three grandchildren—Taylor, Gabrielle, and Lauren.



Hampton University Congratulates



DR. WILLIAM R. HARVEY

President of Hampton University

Herbert Morewitz Sportsman of the Year



40 Years of Visionary Leadership



Paul S. Tribble

President of Christopher Newport University



Paul Tribble is well known to Christopher Newport University student-athletes and fans, and in addition to being the University's President, he also serves as the athletic teams' number one fan. Under Tribble's leadership, CNU athletics has flourished and Captains squads compete at the highest level of Division III, regularly winning conference championships and advancing to NCAA Tournaments.

Tribble was instrumental in the start-up of the Christopher Newport football program in 2000, and has overseen the growth of CNU's athletic program to 24 total sports. The Captains compete in some of the finest athletic facilities in the nation, and Tribble's vision has led to the construction or renovation of every athletic venue on campus. His remarkable impact on student-athletes has led the Captains to superior performance on the fields and courts, as well as in the classrooms. As the Captains have become dominant in the USA South and Capital Athletic Conferences, CNU has risen steadily into the Top 15 in the national Learfield Directors' Cup in Division III. Tribble's athletic impact led to his induction into the CNU Athletic Hall of Fame in 2002.

Tribble's leadership has transformed the university into the choice for high-ability students from throughout Virginia and beyond. Since his appointment as University President in 1996, applications have risen by more than 700 percent and the campus has been transformed by nearly \$1 billion in capital construction. Tribble has overseen significant improvements in the academic programs offered at CNU and is committed to providing a high-quality liberal arts education that stimulates intellectual inquiry and fosters social and civic engagement. His visionary leadership has moved CNU into the ranks of the finest preeminent liberal arts colleges in the nation.

Since his first day as President, Tribble has made himself accessible to students, faculty and the local community. His office's open door policy invites all students to bring their stories of success and their concerns directly to him. To express his unrivaled passion for CNU academics and athletics, Tribble frequently converses with students around campus and cheers on CNU's sports teams from the bleachers.

Tribble earned his bachelor of arts degree from Hampden-Sydney College and his law degree from Washington and Lee University. He served as a commonwealth's attorney of Essex County from 1974 to 1976. He represented the commonwealth of Virginia in the U.S. House of Representatives from 1977 to 1983 and in the U.S. Senate from 1983 to 1989. He was a member of the United States Delegation to the United Nations in 1988 and a teaching fellow at the Institute of Politics, John F. Kennedy School of Government at Harvard University in 1989. He is married to Rosemary Dunaway Tribble and has two children, Mary Katherine Tribble Peters and Paul S. Tribble III.





Daily Press

 dailypress.com

Marty O'Brien

If you have attended a high school or college sporting event on the Peninsula in the last almost 30 years, chances are you have seen this gentleman and read his work in area newspapers.

Marty O'Brien has been with the Daily Press since 1999 but has newspaper ties with the area dating back to the early 1990s. After serving as the sports editor at the Suffolk-News Herald, Yorktown Crier, Denbigh Gazette and Poquoson Post for most of the 1990s, he joined the staff at the Daily Press in 1999.

Since joining the Daily Press, O'Brien has been one of the main voices for high school sports as a reporter and in front of the camera hosting a weekly Bay Rivers District Football Pick 5 program the last five years. He has also covered Langley Speedway and NASCAR, Hampton University, William & Mary football, covered the One City Marathon and even worked for news doing human interest features.

His coverage highlights included a pair of Daytona 500 races and nearly 40 NASCAR Cup Series events, one ACC Men's Basketball Tournament, two NCAA Tournaments and one NIT along with numerous state championship games.

He has won several awards from the Associated Press Sports Editors (APSE), including a top 10 nationally for his work with the 100 Greatest High School Athletes section in 2004. He has also been recognized by the Hampton Roads Black Media Professionals and the Virginia Press Association.

A lifelong resident of the Peninsula, O'Brien has been married for 15 years to his wife Allison and has two stepchildren, Matthew and Andrew.

BOB MOSKOWITZ MEDIA AWARD

Menchville High School

Menchville High School won its 18th Julian Rice Award in the last 20 years.

The Monarchs, under the leadership of Athletic Director Greg Henderson, captured conference titles in boys and girls volleyball, boys and girls swimming, baseball, boys soccer and boys tennis.

Julian Rice thought of himself as a winner. In his mind, Newport News High School never really lost an athletic contest, no matter what the scoreboard said. Possessed with a hunger for statistical trivia, Rice developed a virtually unparalleled penchant for details concerning minor league baseball and high school sports on the Peninsula, Newport News in particular.

The Rice Award, symbolizing excellence in athletic competition for the Peninsula District, was named for this former Daily Press sportswriter, who devised the scoring system for the award.



Eligible Schools are Bethel, Denbigh, Gloucester, Hampton, Heritage, Kecoughtan, Menchville, Phoebus, Warwick and Woodside

Julian Rice Award

1969-70	Hampton
1970-71	Bethel
1971-72	Menchville
1972-73	Menchville
1973-74	Ferguson
1974-75	Menchville
1975-76	Menchville
1976-77	Menchville
1977-78	Menchville
1978-79	Menchville
1979-80	Menchville
1980-81	Menchville
1981-82	Menchville
1982-83	Menchville
1983-84	Menchville
1984-85	Menchville
1985-86	Lafayette
1986-87	Lafayette
1987-88	Lafayette
1988-89	Lafayette
1989-90	Lafayette
1990-91	Lafayette
1991-92	Menchville
1992-93	Denbigh
1993-94	Denbigh
1994-95	Lafayette
1995-96	Lafayette
1996-97	Menchville
1997-98	Menchville
1998-99	Menchville
1999-00	Menchville
2000-01	Menchville
2001-02	Menchville
2002-03	Menchville
2003-04	Menchville
2004-05	Menchville
2005-06	Menchville
2006-07	Menchville
2007-08	Menchville
2008-09	Menchville
2009-10	Menchville
2010-11	Menchville
2011-12	Menchville
2012-13	Kecoughtan
2012-13	Kecoughtan
2014-15	Menchville
2015-16	Menchville
2016-17	Menchville

Jamestown High School

Simpson Award Winners

1979-80	Poquoson
1980-81	Tabb
1981-82	Tabb
1983-84	Tabb
1984-85	York
1985-86	Tabb
1986-87	Tabb
1987-88	Tabb
1988-89	Tabb
1989-90	Tabb
1990-91	Tabb
1991-92	Tabb
1992-93	Tabb
1993-94	Tabb
1994-95	Poquoson
1995-96	York
1996-97	Tabb
1997-98	Poquoson
1999-00	Poquoson
2000-01	Lafayette
2001-02	Tabb
2002-03	Lafayette
2003-04	Lafayette
2004-05	Lafayette
2005-06	Lafayette
2006-07	Lafayette
2007-08	Lafayette
2008-09	Tabb
2009-10	Jamestown
2010-11	Jamestown
2011-12	Grafton and Jamestown
2012-13	Lafayette
2013-14	Lafayette
2014-15	Lafayette
2015-16	Lafayette
2016-17	Jamestown

Jamestown High School earned its fifth Lewis Elmore "Red" Simpson Award in eight years. The honor symbolizes athletic excellence in all areas of competition in the Bay Rivers District. The Eagles won district championships in volleyball, girls cross country, boys and girls swimming, boys indoor track, boys and girls tennis along with girls soccer.

Red Simpson administered, taught and coached at Poquoson and York High School. He coached the Islanders and Falcons to state football titles before moving up the administration ladder to positions as Athletic Director and eventually Assistant Principal. In his playing days during the 1930s, Simpson was a record setting javelin thrower and All-American football player at the University of Kentucky.



Eligible schools are Bruton, Grafton, Jamestown, Lafayette, Poquoson, Tabb, Warhill, and York.

LEWIS ELMORE "RED" SIMPSON AWARD

Gene Thompson

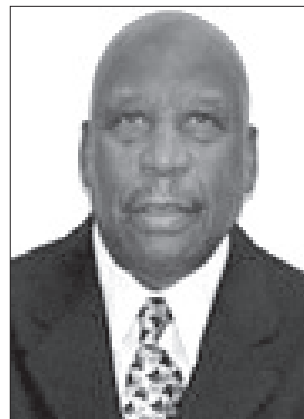
Gene Thompson was named Men's Tennis Coach on January 8, 2005 at Virginia State University. He was also named Fitness Center Coordinator & Adjunct Faculty. Thompson has guided the Trojans to 156 wins and 98 losses in 13 seasons. Thompson coached the men's and women's Tennis teams at Lincoln University part-time for 10 years (100 wins and 50 losses). His overall collegiate record is 256 wins and 148 losses. His teams have won 5 Division Championships with a NCAA bid 2009. He served on the ITA Division II National Ranking Committee.

Before coming to VSU, Coach Thompson coached in North Carolina (Southwestern), Virginia (Douglass & Warren Counties) and Delaware (Wilmington & A.I. DuPont) where his high school basketball coaching record was 489 wins and 227 losses. In Wilmington he was: Assistant Football Coach over 10 years (with a state title in 1971); Head Track & Field Coach (with a state title in 1995); Head Basketball Coach (with 3 State titles in 78, 83 and 88) and Head Tennis Coach. In Delaware he was named State Coach of the Year in Basketball, Tennis, and Track & Field; Conference Coach of the Year in Basketball 9 times; USTA/Middle States Tennis Coach of the Year; CIAA Tennis Coach of the year; DAAS Basketball Hall of Fame; Delaware Interscholastic Basketball Hall of Fame and USTA/MS/Delaware District Tennis Hall of Fame. He received two National Community Service Awards in Tennis: USTA Eve Kraft Award in Houston, Texas and NCAA/ITA Division III in Saddleback, Fla.

During his high school coaching career, 92 % of his student/athletes attended college when only 38% of the student body matriculated to an institution of higher learning. He has served as Assistant Women's Basketball Coach for the Virginia State University. He also served as Interim Head Men's Basketball coach in 2011.

A native of Newport News, Virginia, Thompson graduated from Carver High School (Football-QB; Baseball-3rd. and Track/Field), attended Compton College (Football), US Army (Football/Basketball) and graduated from Elizabeth City State University (Football/Tennis) with BS. He received his M. Ed. degree from Virginia State University. He has done advanced studies at: University of Delaware, Delaware State University, Virginia State University and University of Penn. He was an EPDA Fellow at VSU 1969-70.

He has worked the famed Five Star Basketball Camp for 31 years (3 weeks ea. summer) alongside coaches like Hubie Brown, Rick Pitino, and John Calipari. He coached Christian Laettner, Grant Hill, Monte Williams, and Vince Carter on his camp teams. The Five Star Camp is where all the great ones attend.





Belinda Langston

A long-time member who within the last three years has made her presence more known, Belinda Langston is the 2018 recipient of the Charles Karmosky Award from the Peninsula Sports Club.

Since increasing her involvement in the PSC, Langston has served as the fulltime and as part-time board Secretary; supported the Car Party with ticket sales and as an event ticket verifier; have been challenged with handling the contact to award honorees for the Headliner's Night for both 2017 and 2018; served on the awards vendor selection team for 2017 and again this year; secured the event sponsor, Bay Port Credit Union, for Headliner's Night in 2017 and dinner sponsor for 2018.

She has been employed with Newport News Public Schools' Athletic Department for almost 49 years. Langston has worked with many coaches and athletic directors along with all the driver education students beginning to learn to drive and has gained great satisfaction in being a part of enabling them to achieve their personal driving goal. She also oversees Todd Stadium which hosts many activities including sports of football, track, and soccer, and other various groups that rent the facility for Cancer Walks, Lupus Walks, etc. If you ever come to Todd, chances are you will see Belinda Langston there!

Langston has used her full-time position to also help with the PSC by working with the Athletic Directors of the Peninsula District to help obtain memberships for each of them and their schools over the last three years. Her belief is that its been a rewarding service to the community that the Peninsula Sports Club as we honor so many deserving athletes, coaches and citizens of our great city and surrounding areas.

She also works on "The Dale Lucado Scholarship Committee," which raises monies to give college/trade school scholarships to deserving young men and women of the Boys and Girls Club of the Greater Peninsula.



Quanisha Bruce

Senior Forward Quanisha Bruce was named the United States Collegiate Athletic Association (USCAA) Women's Division I Student-Athlete of the Year for 2017-18 on February 28. The emphasis for the award is on academics and community involvement, not strictly on athletic performance. She was also named to the USCAA All-Academic Team this past season.



Bruce is a Cost Estimating apprentice in the advanced program at The Apprentice School and is also pursuing a Bachelor's degree in Electrical Engineering. Throughout her apprenticeship, she has been a part of numerous community service associations as well as organizations associated with The Apprentice School. These groups include The Apprentice School Student Association where she was Chair of Communications, The National Honor Society of Leadership and Success, and The Apprentice School Jaycee's. Bruce has also participated in basketball camps with the children at Achievable Dream in Newport News as well as speak to incoming Apprentice School students about her experiences at The Apprentice School.

As an athlete, Bruce played four seasons and appeared in 95 career games. For her career, she scored over 627 points, pulled in over 843 rebounds, and has 93 total steals. Bruce scored a career high 19 points and pulled in a career high 18 rebounds against Briarcliffe College as a sophomore. With 843 rebounds, she is third all-time in Apprentice School history. As a Lady Builder she has been named a Builder Award winner that recognizes excellence in all four areas of her apprenticeship-Craftsmanship, Scholarship, Leadership, and Sportsmanship as well as most improved and the Lady Builder leadership award.

"Coaching Quanisha has been an honor and pleasure to do. Her length and athleticism has been a stalwart in this program for four years. She has worked on her skill and character consistently for four seasons. She is a powerful leader who has the ability to move and inspire people to great heights. Bruce has been the model Apprentice School athlete," says her head coach Keith Stagg.

"Quanisha Bruce demonstrates a self-motivation and commitment to life-long learning. She understands there is always more to know and learn. Quanisha is persistent and has endless physical, mental, and emotional energy. She engages in self-reflection by analyzing her strengths and formulating plans to improve and exceed her goals. Quanisha is very outgoing, proactive and driven," said Pam Rowe, Manager Pricing Cost Estimating.



"Quanisha Bruce is an overachiever who strives for excellence. She is highly motivated and capable of working within a team or independently. When given instructions to perform a challenging task, she steps up to the plate and always goes above the expectations. Quanisha uses her leadership skills to teach, encourage, promote growth, and advancement. She is very active in the community as well as extracurricular activities. Quanisha participated in all the above mentioned extracurricular activities and received awards all while being an Apprentice in the Cost Estimating Advanced program pursuing a Bachelor's degree in Electrical Engineering. She has volunteered to speak with new recruits for the sports programs at The Apprentice School. Quanisha possesses a high level of integrity and is a prime example of "Leading by Example," said Bruce's craft instructor, Brittanie Herriott.

"My experience here has taught me to have confidence and not to count myself out of anything. If I want it, it can be mine all through hard work, dedication, and communication," said Bruce of her time on the basketball court and her experience on the waterfront.



Lisa Dillard-Hanks

When the women's track and field program began in 1979, it gradually became competitive by building up a solid corps of distance runners. When Lisa Dillard became a Tiger in 1988, she would prove that the program could flourish in areas other than distance running. Dillard became the first non-distance All-American in the history of the women's track and field program at Clemson in 1990 when she placed fifth in the 55m at the NCAA Indoor Championships. She would go on that season to win All-America honors in the 100m and 200m (outdoor) and then with the 4x100m relay in 1991.

But Dillard's accomplishments don't stop there. After transferring from Christopher Newport College and sitting out the 1988 season, she burst onto the scene in 1989 by setting five individual school records and aiding in five relay marks. She set a then conference record when she won the ACC Championship in the 55m with a time of 6.89 seconds. Dillard capped her first year with ACC Championships in the 100m and 200m at the outdoor meet.

The 1990 season would be even better for Dillard as she collected ACC titles in the 55m, 100m, 200m, and 4x100m relay events. She placed fifth in the 55m at the NCAA Indoor Championships, fourth in the 100m and seventh in the 200m at the NCAA Outdoor Championships. For her efforts, she was named IPTAY Athlete-of-the-Year for the 1989-90 academic year. She was also nominated for the Mary Garber Award, which honors the top female athlete in the Atlantic Coast Conference. Also, she was named the South Carolina Athletic Hall of Fame Female Amateur Athlete of the Year.

Dillard completed her career in 1991 with an ACC Championship as a member of the 4x100m relay team and a fifth-place finish at the NCAA Outdoor Championships.

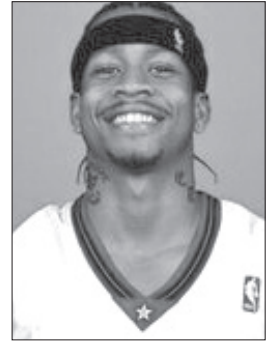
All told, she won six individual ACC titles, two with relay teams, four All-America awards, and graduated with a degree in Parks, Recreation, and Tourism Management. She earned 13 all-conference accolades, including nine in individual events.

In the record books, she ranks second on the Lady Tigers' all-time list in the 55m (6.84) and is a member of the record-holding 4x200m relay team. She also is fourth in the 100m with a time of 11.48.

In 2002, Dillard was honored by the conference as a member of the ACC 50th anniversary team for women's track and field. She was inducted into Clemson's Hall of Fame in 2001.



Allen Iverson



Allen Ezail Iverson was born June 7, 1975, in Hampton, Virginia. Allen was an outstanding athlete in recreational football for the Aberdeen Raiders where he was coached by his business manager and certified NBA agent, Gary Moore. Although his football hero was Walter Payton, Allen's position was quarterback. He had a great arm, and a natural feel for the passing game. He was at his best when he dropped back and saw the whole field was swirling around him. Although he became world known for his basketball talent, his favorite sports has always been football—he loves the strategy and the contact of the sport. Iverson was always a premier talent in basketball as well, though he was not immediately interested. To him, basketball seemed “soft.”

Between basketball and football, Allen had enough to keep him off the increasingly dangerous streets of Newport News and Hampton, Virginia where he spent his youth.

At Bethel High School, Allen at age 15, had already established himself as the Bruins' best all-around athlete. Allen was honored as the state's top quarterback after his sophomore year with the Bruins, and he earned the honor again in 1992, when he led Bethel to the state title. Allen was also a Division I prospect as a defensive back. Basketball, though still Allen's second-favorite sport, had opened up other options. At just under six feet, he had the attention of college basketball recruiters. He surpassed over 900 points during his sophomore season at Bethel. Allen was unbelievably quick off the dribble, and had great vision and shooting range. He was responsible for leading his team to AAA Virginia State Championships in Football and Basketball in the 1992-1993 season.

After high school, Iverson attended Georgetown University for two years, where he set the school record for career scoring average (22.9 points per game) and won Big East Defensive Player of the Year awards both years.

Following two successful years at Georgetown, Iverson declared eligibility for the 1996 NBA Draft, and was selected by the Philadelphia 76ers with the number one pick. He was named the NBA Rookie of the Year in the 1996-97 season. Iverson was an eleven-time NBA All-Star and won the All-Star MVP award in 2001 and 2005.

Winning the NBA scoring title during the 1998-99, 2000-01, 2001-02 and 2004-05 seasons, Iverson was one of the most prolific scorers in NBA history, despite his small stature (listed at 6 feet, 0 inches). His regular season career scoring average of 26.7 points per game ranks sixth all-time, and his playoff career scoring average of 29.7 points per game is second only to Michael Jordan. Iverson was also the NBA Most Valuable Player of the 2000-01 season and led his team to the 2001 NBA Finals the same season. Iverson represented the United States at the 2004 Summer Olympics, winning the bronze medal. He also played for the Denver Nuggets, Detroit Pistons and the Memphis Grizzlies, before ending his NBA career with the 76ers during the 2009-10 season.

Allen Iverson's killer crossover and ability to score made him the most exciting player in the NBA and his NUMBER “3” jersey ubiquitous throughout eastern Pennsylvania and around the world.

On March 1, 2014, the Philadelphia 76ers honored one of their greatest players when they officially retired Allen Iverson's iconic number “3” jersey in a special halftime ceremony at the Wells Fargo Center. On Friday night, prior to this historic event, the Honorable Michael Nutter, Mayor of Philadelphia, officially declared March 1, 2014 as Allen Iverson Day in Philadelphia.

Iverson played for four different teams in his 14-year NBA career but Philadelphia was home. The Sixers drafted Iverson first overall out of Georgetown University in the 1996 NBA draft and it was there over the next ten seasons that he emerged as one of the NBA's all-time great players and cultural icons.

An 11-time NBA All Star, four-time NBA scoring champ, two-time NBA All Star Game MVP, three-time All NBA First Team, 1997 Rookie of the Year and 2001 NBA Most Valuable Player, Iverson leaves a lasting legacy of pride and gratitude forever in the hearts of Philadelphia fans

Allen is proud father to five children Tiaura; Allen Ezail II (Duece); Isaiah Rashaan; Messiah Lauren; Dream Alijha.





Yvette Lewis

From her high school days at Denbigh and Menchville to her dominance at Hampton University and her professional success representing the United States and Panama, Yvette Lewis has authored a distinguished track and field legacy.

Her multiple Hall of Fame achievements included two national collegiate triple jump championships, six NCAA All-American honors in the long jump, triple jump and 60-meter hurdles, 100 hurdles championships in the 2011 Pan-American Games and the 2013 South American Games, world ranking in the 100 hurdles from 2008-13 and two high school state championships in 100 hurdles and one in the 300 meters. She is a member of the Newport News and MEAC track Hall of Fames.

Lewis's personal best performances include an 11.56 in the 100 meters (2007), a 23.50 in the 200 meters (2006), a 12.67 in the 100 hurdles in (2013), a 13.84 meters in the triple jump (2013) and 5,387 points in the heptathlon (2012).

With her competitive days done after competing in the 2016 Olympics, Lewis's emphasis has switched to coaching and her latest position as an assistant at Norfolk State. She spent the previous four years as an assistant at her alma mater Hampton University where she was a 30-time MEAC individual champion and a record holder in eight events.

"With my background, I think I'll be able to attract good athletes to Norfolk State," Lewis told the Daily Press. "And because I was competing until last summer, I can give them hands-on training."

Lewis was inducted in June of 2018 into the Lower Peninsula Sports Hall of Fame.



Francena McCorory

If you look through the record books of track and field, not only locally but around the world, one would see the name Francena McCorory.

She was a four-time honoree by the Peninsula Sports Club during her high school and collegiate days. McCorory was named the Most Outstanding Female High School Athlete in 2005 and 2006. When she went to Hampton University she was named the Most Outstanding Female In-State Collegiate Athlete and the Hampton University Athlete of the Year in 2009.

That start helped to propel her to international heights as she participated in the 2012 and 2016 Summer Olympics. She ran on the last two Olympic gold medal winning 4x400-meter relay teams, in London (2012) and Rio (2016) as she participated in the semi final heat. McCorory was also the 400m gold medalist at the 2014 IAAF World Indoor Track and Field Championships.

She literally came out of the gates blazing as she won the indoor and outdoor Group AAA state titles in the 100-meters, 200-meters and 300-meters as a freshman at Bethel High School. As a sophomore, she set the state 300-meter record in a blistering 38.23 seconds and won state titles in the outdoor 100-meters, 200-meters along with being a member of the winning 4x100-meter relay team.

Her junior season she repeated as state champion in the outdoor 100, 200 and 4x100 relay with adding an indoor title in the 300-meter dash. As a senior, McCorory won state crowns in the 55-meter dash, 300-meters and 400-meters and also made waves on the national scene where she set records in the 300-meters and 400-meters.

That high school career helped lead her to Hampton University where she set several school and Mid-Eastern Athletic Conference (MEAC) marks. A native of Hampton, Va., McCorory won three NCAA championships as a Lady Pirate, winning the 400-meter dash in the 2009 and 2010 indoor seasons, as well as the 2010 outdoor season. Her 2010 NCAA indoor performance set a new collegiate and American record at 50.54.

To date, McCorory holds two MEAC records: 53.22 in the indoor 400-meter dash – set in 2009 – and 51.54 in the outdoor 400-meter dash (set in 2008). McCorory currently holds four school records at Hampton, two for the indoor season and two in the outdoor season.

She is the current record holder in the indoor 400-meter dash (50.54), indoor 500-meter dash (1:09.16), outdoor 200-meter dash (22.92), and outdoor 400-meter dash (50.58). She was inducted in March of 2017 to the Mid-Eastern Athletic Conference Hall of Fame and June of 2018 into the Lower Peninsula Sports Hall of Fame.





Randall B. (Bev) Vaughn Jr.

Bev was born in Portsmouth, VA, where he remained until 1957. He attended Woodrow Wilson High School, where he participated on the basketball and track teams, ultimately participating in the 1956 State Basketball Championship. Between the years of 1956 and 1961, he:

- Attended Fork Union Military Academy, participating in basketball and track and making the All State Military Team
- Attended the College of William and Mary, where he participated in basketball and track and served as Honorary Captain of the Basketball for one year. While at the College of William and Mary, he played on the William and Mary Team that defeated Jerry West and the University of West Virginia, who were ranked fifth in the country.
- Was drafted by the Washington Capitols of the American Basketball Association

He entered the US Army in 1962, as a 2nd Lt where was tactical operator at Fort Bliss, TX. While at Ft. Bliss, he participated in the basketball and track programs and was selected to participate in the tryouts for the USA Pan American Games and a member of the All Fort Army Basketball Team. Prior to entering the military, he initiated the first basketball program and taught at Ferguson High School.

After his separation from the military, Bev served as the following:

- JV Basketball Coach and Assistant Varsity Coach at James Blair High School
- Initiated first Basketball Program and was first Coach, Denbigh High School
- Assistant Basketball Coach and Teacher, College of William and Mary
- First Athletic Director and Men's Basketball Coach, Christopher Newport College (now Christopher Newport University).

As Head Coach, 1967-81, he completed a record of 204 wins, 128 losses and conference record of 83 wins and 43 losses. In 1979, he was selected Dixie Conference Coach of the Year.

- President of Peninsula Sports Club
- Three-time, President of Dixie Conference (now USA South)

Recognition and Honors Bev has received through the years include:

- College of William and Mary, Hall of Fame
- Christopher Newport University, Hall of Fame
- Recognized as "Father of Basketball," CNC
- USA South Athletic Conference, Hall of Fame
- Virginia Lower Peninsula Sports Club, Hall of Fame
- Peninsula Sports Club, Man of the Year
- Author, Chapter in "Setting the Sail" in memory to Christopher Newport College's 1st Decade, 1961-1971.

Bev is a retired Colonel, United States Army Reserves and is retired from Professional Pool Services, Inc. a business he started and operated from 1987-2012. He is married to Etta Jean Vaughan, has three sons and five grandchildren.

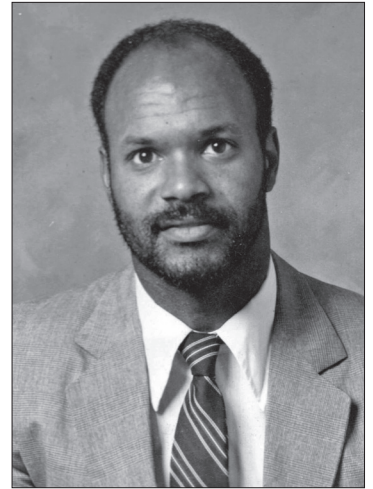
Keith Witherspoon

Keith Witherspoon found his event in track and field at an early age as he won the 1971 Group AAA triple jump for Huntingdon High School with a state-record tying leap of 49-4 1/2. He was a two-time state champion in the triple jump, and as a member of the mile relay team.

As he went to college at the University of Virginia, he was a three-time All-American in the triple jump and set school records indoors and outdoors in the long jump as well as the triple jump. His triple jump records stood at Virginia for 36 years. While at Virginia he was also a member of the 1972 ACC Champion 4x100 relay team and took second in 1976 at the NCAA Indoor Nationals in the triple jump.

He has continued that success on the masters and adult track circuit setting a masters world indoor triple jump record of 49-11 in 2003 and winning several championships.

In 2003 he was voted to the ACC 50th anniversary All-time Indoor Track and Field team and this past summer was inducted into the Athletic Hall of Fame of the Lower Virginia Peninsula.





Kermit Buggs

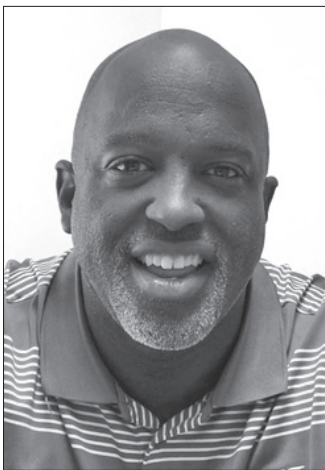
A veteran football coach of 20 years, Kermit Buggs has been successful at both the high school and college levels. Buggs began his coaching career at Surry County, leading them to a perfect 14-0 record and state championship. In his five years at Surry County, he went 34-14, and along with the state championship, won two division championships, a district championship and led the Cougars to the state semifinals in 2002.

Buggs' college coaching tenure has spanned 15 years, starting at Penn State in 2003 as a graduate assistant. In his nine years at Penn State, Buggs worked with the running backs, tight ends and the secondary. He coaches numerous players to first-team All-Big 10 honors, including NFL draft picks Matt Kranchick, Sean McHugh, Tony Hunt and Derrick Williams.

For the last four years, Buggs has tutored the safeties at Old Dominion University, helping to guide the Monarchs to the 2016 Popeyes Bahamas Bowl Championship.

Buggs graduated from Norfolk State in 1995. He was the University's 1992-93 recipient of the Vince Lombardi Award for Leadership and Academic Achievement and graduated as the Spartans' all-time leading passer.

He holds a master's degree in educational administration from Penn State.



Troy Fullwood

Troy A. Fullwood, is a proud Hampton Roads native, receiving all of his formative education in Hampton City Schools. He is a 1996 graduate of Hampton University with a B.A in Mathematics. He is the founder and president of A+ Tutorial, an educational training and tutoring company in Hampton, Virginia. Over the years, A+ Tutorial has assisted students and student athletes in achieving more than two million dollars in scholarships from national and local colleges and universities.

After leaving Hampton University, Troy went on to attend Professional Umpire School; which lead to a 12-year career in professional baseball. One of his most notable moments in his professional career was working the game when Barry Bonds tied Babe Ruth's homerun hitting record at 715.

After a career in professional baseball, Troy became an umpire for the National Collegiate Athletics Association (NCAA); working for 10 years in the ACC and the in SEC. During his career as an umpire, Troy has worked five ACC Championships tournaments, five NCAA regionals and a pair of Super Regionals.

Last summer was a historic time for Fullwood on and off the field. In June he worked the College World Series becoming only the fourth African American in history to do so. He also became the first rookie umpire in history of the College World Series to work home plate in the Championship Finals.

Upon the completion of the 2017 season, Troy was then hired as the Coordinator of Umpires for the ACC and Big South; making him the first African American to head up any officiating body in any sport of a Power 5 conference.

Troy is the son of the late Reginald and Alice Fullwood; he is also the father of two sons, Troy and Joel.

Bill Nettles

If you have been to a sporting event in Newport News in the last 40 years, chances are fairly good you have heard the golden tones of Bill Nettles on the microphone.

Ranging from the old Ferguson High School, city softball fields, to the waterfront, chances are you have heard him keep fans updated with not just local scores but scores across the country at all levels.

Nettles graduated from Hampton High School in 1964 and attended Southwood Junior College for two years before heading to East Carolina University where he majored in Mathematics Education.

Having started his announcing career with a pick-up youth football game, Nettles announced his 1,000-th high school football game on October 21, 2017 at Todd Stadium which is a place he has seen the most time throughout his illustrious career. His football count is now 1,012 after the 2017 season.

Nettles has announced Newport News city softball leagues and tournaments (34 years), high school basketball (25 years), power boat racing (14 years) and Virginia High School Coaches Association All-Star games (19 years).



SPECIAL ACHIEVEMENT AWARD



Emma Schriener

Emma Schriener was a consensus High School All American selection from multiple publications, one of 24 players selected as a First Team Under Armour All American and a PrepVolleyball Top 100 Ace.

As a senior she was the Virginia Class 4A Player of the Year and led the state with 484 kills while hitting over .407 as an Outside Hitter. Emma was a multi-year All Region and All State player that finished her prep career as one of Virginia's All Time Leaders in Kills and ranked 2nd All Time in career blocks. She helped lead her Jamestown Eagles to 4 straight State Playoff appearances and a pair of State Runner-up finishes.

She graduated from Jamestown High School a semester early to attend school and play volleyball at the University of Tennessee. Emma was in EMERGE, a club to spread diversity and inclusion. She was also in Girl Up, a club for female empowerment and helping women around the world. Emma maintained a 3.2+ GPA throughout her four years at Jamestown.

Previously committed to Tennessee, she is transferring and considering scholarship offers from Maryland, Miami, Colorado and Indiana.



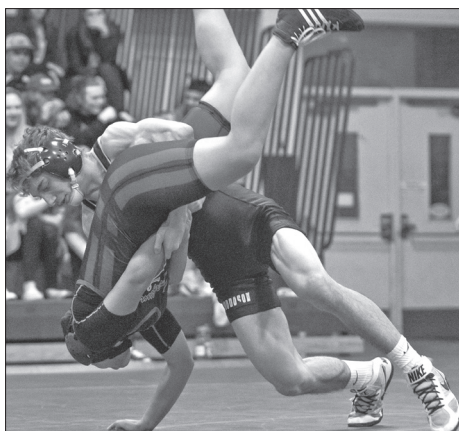
Patrick McCormick

A June 2018 Poquoson High School graduate, Patrick McCormick, has been a 4-year varsity starter and a 4-year captain of the varsity wrestling team. In February 2018, Patrick became only the third 4-time VHSL State Champion in Poquoson High School's storied wrestling history, and its first since 1997. He also won 4 regional titles during his tenure. During his senior year, Patrick captained Poquoson High School to its first state team title since 1997. He has dominated the wrestling scene on the Virginia Peninsula for the last 4 years, amassing a career record of 173 wins and only 9 losses, with 84 total pins.

Patrick was twice named The Daily Press Wrestler of the Year and The Peninsula Sports Club Wrestler of the year. He was also named the 2017 Julie Conn Outstanding High School Male Athlete from the Peninsula Sports Club, and in 2018 was recognized as the 1A/2A Wrestler of the Year from the Virginia Chapter of the National Wrestling Hall of Fame. One of his most impressive accolades was being recognized as the only wrestler from the state of Virginia chosen for the Dave Schultz High School Excellence Award (DSHSEA). The DSHSEA winner is selected by the National Wrestling Hall of Fame in Stillwater, Oklahoma and recognizes and celebrates the nation's most outstanding high school senior male wrestlers for their excellence in wrestling, scholastic achievement, citizenship and community service.

While Patrick has had many achievements on the mat, his achievements off the mat are also outstanding. Patrick has maintained a 4.0 GPA and is a member of the National Honor Society, the Spanish Honor Society, the Spanish Club, the Math Honor Society (Mu Alpha Theta), DECA, Young Life, and has been a Teacher Cadet at Poquoson Primary School. Patrick's work ethic and commitment to his goals, both athletically and academically, are most impressive. His high school coach Eric Decker commented that "Patrick is an outstanding athlete, student, member of our community, and exhibits the type of character and positive leadership we all desire our children to possess. I cannot think of any student-athlete more deserving of high school award recognitions than Patrick."

Patrick will attend and wrestle for The University of Virginia this fall. In his free time, he likes to hunt, fish and surf.



JULIE CONN OUTSTANDING HIGH SCHOOL MALE ATHLETE

Sean Connors

A transplanted New Yorker to "Bull Island", Sean Connors keeps himself well occupied finishing his high school days at Poquoson with activities in various clubs, many Advanced Placement courses and not to mention being a three-sport athlete.

Connors is ranked first in his graduating class and is a member many clubs at Poquoson. He is in the National Honor Society, Spanish Honor Society and is the Vice President of Mu Alpha Theta, the Math Honor Society. In 9th grade, he competed in the American Mathematics Competition and received first place in the school, and was also named a National Spanish Scholar in his ninth and tenth grade years. As a junior, he was a bronze medal recipient for the National Spanish Exam and was also named AP Calculus AB Student of the Year.

Out of his off the field activities, he is most passionate about Model United Nations where he is the President for Poquoson High School. His committee this year received an Honorable Mention award at Virginia Model United Nations 37.

On the playing field, he has competed in golf, basketball and baseball. With the golf team he was a part of a 2A State Runner-Up team as a senior and earned All-Conference honors as a junior. He joined the basketball team as a junior and earned Defensive Player of the Year honors this past season. With the baseball team is where he made his mark as an Islander making varsity all four years and was a member of a State semifinalist as a sophomore.

This summer he will attend the Virginia High School Coaches Association All-Star game for baseball, while he was also given the opportunity to represent the United States in golf in the Down Under Sports games. He will attend the University of Virginia.



Gabriella Crooks

Gabriella Crooks graduated from Woodside High School as a visual arts magnet student and the valedictorian of her class with a 4.6 GPA. She was a member of the swim team, the President of French National Honor Society, and a member of Mu Alpha Theta, National Honor Society, and Science National Honor Society.

She started swimming when she was nine years old on the Glendale Gators summer league team. At age 10, she became a member of South Eastern Virginia Aquatics, and finished her senior year as a Senior Elite Member. She competed on Woodside's swim team all four years of high school; in her Junior year she was the 100 freestyle conference champion and qualified and competed at 6A states. She was a team captain her senior year and finished sixth in the 200 freestyle and ninth in the 100 freestyle at 6A regionals. At the Woodside Annual Sports Awards, she earned the Rookie of the Year Award in 2015, the Holly Shapiro Outstanding Student-Athlete Award in 2016, and was Nominated for Female Athlete of the Year in 2017.

In academics, she was both an AP Scholar with Distinction and a National AP Scholar. Her senior year, she became a Questbridge National College Match Finalist. In the fall, she will be attending the University of Southern California to double major in Psychology and Human Biology on a Pre-Med track while participating in their Thematic Option Honors Program.





Kiely Curran

Kiely Curran has attended Walsingham Academy since second grade and has maintained a cumulative GPA of over 4.0 throughout her high school years.

At Walsingham, she has served as the varsity cross country team captain since tenth grade, the varsity track and field team captain since tenth grade, the Key Club president her senior year, and Student Government Association president her junior year.



Outside of school, Kiely remains highly active in her community by volunteering weekly at Sentara Williamsburg Regional Medical Center, volunteering as a Buddy Ball helper on Sundays, and serving as a MIDWEEK (which is a middle school small group at the Williamsburg Community Chapel) leader on Wednesdays. Last summer, Kiely traveled with the Williamsburg Community Chapel to Nicaragua on a mission trip. With everything going on, she always has kept athletics high on her priority list.

Curran has ran on the Walsingham Academy cross country team since seventh grade. Her team has won the Tidewater Conference for Independent Schools Championships two years, State Catholic Championship three years in a row, and had come Runner-Up in VISAA State Championships three years. She has been captain of the varsity cross country team and varsity track and field team since tenth grade. The Walsingham Academy track and field team has won VISAA State Championships four years in a row. They have come Runner-Up in TCIS for two years and, this year, came in Second Place at the State Catholic Championship.

This year, she and three other runners competed at Penn Relays where they took second in the 4x100m and fourth place in the 4x400m relay. Personally, Kiely holds the school record in the 300m race, 400m race, and 4x400m relay. This year, she has earned TCIS Honorable Mention in the 400, TCIS First-Team in the 4x100m and 4x400m, State Catholic Honorable Mention in the 400m, State Catholic Second Team in the 4x400m, and All-State First Team in the 4x400m.

Kiely will major in Pre-Professional Health Studies at Clemson University in the fall.

Tamera Harris

Having been involved with gifted programs throughout her schooling, Tamera Harris has set the groundwork for her post-high school career in Athletic Training.

Harris is very active in sports, church and in the community. She enjoys spending time volunteering with local service projects and giving time to help people in need. A mantra that she intends to transition into her next phase of life.

In high school at York, she has received the Highest Academic Award each year, while challenging herself taking various AP classes. She was a cheerleader all four years at York and was the first cheerleader to earn First Team All-State honors. As a member of the track and field team, she earned First Team and Second Team honors as part of the relay teams.

Her career goal is to complete a Master's Degree in Athletic Training and be a Christian Athletic Trainer for a Division I or Pro Athletic Team. She will continue her cheerleading in college while attending Georgia Southern University.





Grace Hoepfner

Grace Hoepfner has the bases covered in her pre-college days excelling in the classroom, the athletic fields as well as giving of her time.

At Grafton High School she has finished with a 4.32 GPA taking many honors and Advanced Placement classes. She earned highest academic honors throughout her high school career and was a member of the National Honor Society, Math Honor Society, Quill and Scroll Honor Society, and Science National Honor Society.



Off the field, she volunteers her time with the Special Olympics and helped start a Special Olympics Club at Grafton where she is the Co-President. The club works with many local sporting events for athletes with special needs by being volunteer coaches and cheering on athletes all over the Peninsula. They take part in a variety of campaigns, such as the "R-Word Campaign," to help spread a message about including people of varying disabilities

She was also the lone Grafton High School representative for the Hugh O'Brien Youth Leadership Seminar, which allowed her to take part in team building and leadership exercises with high school students across the state.

Her athletics career started before high school where she was an elite gymnast for seven years before moving into field hockey and track and field. She has played field hockey since the seventh grade and scored 72 goals in her high school varsity career while earning All-Conference honors each year.

On the track she ran anywhere from the 200 meters up to the 4x800 relay as well as competed in the high jump, long jump and triple jump which is the event she holds the Grafton school record. She has qualified for regionals six times and is a three-time Bay Rivers District champion in the 300-meter hurdles.

She will now take her talents to the University of Delaware where she signed to play field hockey.

Thorin Jean

Throughout her high school Thorin Jean has kept her eyes on her career goal of becoming an engineer.

Her love of engineering started early as a freshman at Jamestown where she was part of a group that had a boat they designed for a Society of Marine Architects and Marine Engineers (SNAME) competition that was built by the Newport News Shipyard and placed first in the water competition.

She has worked her way from Virginia Girls State and is a finalist to attend Girls Nation this summer. This is a week-long summer program where girls from Virginia that have been chosen as the future leaders, politicians, and business executives of the U.S. come to participate in a mock government system that fosters patriotism, leadership, and an understanding of our government.

She has been on the Honor Roll throughout her high school career which has included being accepted into the Governor's School for Science and Technology. Attending classes for half of the day there, it consisted of dual enrolled classes with Thomas Nelson Community College focusing on Engineering and Research.

At Jamestown she was a member of Math Honor Society, Spanish Honor Society, Science National Honor Society, History National Honor Society, and National Honor Society, a secretary of the Science National Honor Society. In choir, she was the Choir Uniform Co-Coordinator, am currently the Choir Historian, and have been selected for District Chorus two years in a row.

Running since the age of five, she was the team captain of both Cross Country and Track teams her last two years. A holder of three school records, she was recognized as the Gazette Cross Country Girl of the Year in 2016 and the WY Daily Cross Country Stand-out in 2017. Jean has also been an All-State athlete for Cross Country and Indoor Track, placing 4th at the indoor championships this year.

Jean was recently admitted into the United States Military Academy at West Point where she will combine her love of engineering and service to pursue a career in the military upon graduation from college.





Kendall Loch

At Woodside High School, Kendall Loch excelled on and off the field and in her case the pool.

As a four-year member of the field hockey team, Woodside advanced to regionals for the first time in school history in her sophomore season and she was selected as team captain as a senior. In the water is where she made her biggest splash athletically at Woodside as she advanced to the 6A Regional Championship three straight years. As a junior she earned the Holly Shapiro Outstanding Student-Athlete award at the end of the year awards ceremony.

In the class room she graduated as co-salutatorian with a 4.47 GPA. She earned an A Honor- Roll each semester and as a junior was named an AP Scholar with Distinction in Newport News Public Schools. Loch received the Seal of Biliteracy in Spanish for her diploma at graduation. She was inducted into the National Honor Society, Mu Alpha Theta, the Science National Honor Society, the Spanish National Honor Society, and Tri-M music honor society as well.

Some personal accomplishments have been achieving First Chair Viola All-City Orchestra, working as a certified Lifeguard, and volunteering in the Nursery at her church on Sundays. She went on a Woodside-hosted foreign exchange program to Costa Rica where she lived with a host family and learned about the language and the culture of Costa Rica. Last summer she was selected to attend the Summer Residential Governor's School for the Humanities.



Kirsten Loch

A four-year standout on the field hockey and swim teams at Woodside High School, Kirsten Loch had a hand in some stellar moments as a Wolverine.

In field hockey, she was part of the first team to advance to regionals and in the pool she was a three-time regional qualifier in the 500 freestyle placing 15th this year. Loch earned the school's Holly Shapiro Outstanding Student Athlete award as a junior.

She not only excelled athletically, but in the classroom she graduated as Co-Salutatorian with a 4.47 GPA. Loch was extremely active as a member of the National Honor Society, Spanish Honor Society, Tri-M Music Honor Society, DECA, and Science National Honor Society along with being Vice President of Mu Alpha Theta.

Loch enjoys playing the violin, reading, watching movies, going to the beach, drawing, listening to music, and hanging out with my family and friends. She cherishes the time as an exchange student in Costa Rica where she got to live with a student and her family.

This fall she will be attending Virginia Commonwealth University studying Psychology and Chemistry with the hopes of enrolling in the Pharmacy School at VCU.





Kennedy Mills

A military dependant, Kennedy Mills settled into life at Jamestown High School and has blossomed in the classroom and on the soccer field.

Having attended nine different schools in eight states and two countries, Mills found a spot on the soccer team at perennial state power Jamestown being named to First Team All-Conference three times, Second Team All-Region twice, First Team All-Region once, Second Team All-State once, and First Team All-State once. Honors for senior year have not been announced.



In the classroom, Mills has maintained a 4.2 GPA and will graduate in the top 10% of the class. A member of the National Honor Society, Math Honor Society (Mu Alpha Theta), National English Honor Society, History Honor Society (Rho Kappa) and French Honor Society, Mills is also the President of Medical Explorers Club and a member of Key Club while also running on the relay team in track and field..

Mills will be majoring in Biomedical Sciences at Liberty University with hopes of becoming a pediatrician. Traveling so much as a military child and through mission trips has guided Mills to wanting to become a missionary doctor to serve children in third world countries.

Hannah Smith

Hannah Smith just graduated recently from Warwick High School with an International Baccalaureate Diploma as she finished with a 4.0 GPA and highest honors. In the fall I will be attending Old Dominion University to pursue a degree in civil engineering with plans to become a Young Life leader as well.

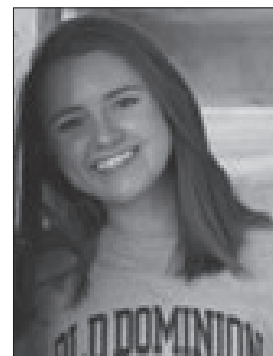
Throughout high school she played softball, volleyball and basketball. She credits her father, Curtis, for instilling in her the competitive drive she shows on and off the field. "I hate to lose more than I love to win," comes from him and the mentality that he embodies that is necessary in order to be the best.

She has played volleyball since her freshman year and has earned post-season honors each year going from honorable mention All-District as a freshman and sophomore, to first team All-District and first team All-Region by her senior year.

This year she decided to expand her horizons by playing on the Warwick Raiders girls basketball team in the winter before heading into the spring season, she transitioned to her favorite sport which was softball. A three-year starter in centerfield for Warwick, she ended her senior season with a batting average over .500 and an on-base percentage of over .600.

Outside of sports, she is heavily involved in extra-curricular activities at Warwick including being a member of National Honor Society, Hispanic Honor Society, and Science Honor Society. She has been a part of the Girl Up Club which advocates women's education around the world as well as equal rights for three years and this year was the president of that club. In addition, she helped establish the inaugural International Baccalaureate Formal for our school held at the Mariner's Museum this past January with over \$400 being donated to CHKD.

This past semester I was an intern at Newport News Shipyard being a part of the eShip/iShip program. Participating in this program opened the door for her this summer to have a paid internship at the shipyard before she heads to ODU in the fall.



Peninsula Sports Club

Membership



Business

Prestige Press
Rick & Libby's Restaurant

Teagle Insurance Agency, Inc.

Institutional

Christopher Newport University
Denbigh High School
Gloucester High School
Hampton Roads Academy
Heritage High School
Jamestown High School
Lafayette High School
Menchville High School

Newport News Public Schools
Athletic Department
Poquoson High School
Tabb High School
Warwick High School
Woodside High School
York High School

Corporation

The Apprentice School
Knights of Columbus Council 5480
Malvin Riggins & Company
Wells Fargo Advisors

PSC events include Milestone Award Nights, Car Party, Most Outstanding Player of the Year, and Headliner's Night to name some.

Interested in joining the Peninsula Sports Club?

Visit us online at www.peninsulasportsclub.com to download a membership form
or contact Horace Underwood at 757-592-8848

Colton Messick

Messick, a junior on the wrestling team was named the 2018 Apprentice School Athlete of the Year. He becomes the first wrestler since Ian Jones in 2015 to receive the award. Messick will receive this recognition on June 25 at the 69th Annual Peninsula Sports Club Headliner's Night program.

During his junior year the Newport News native and sheet metal apprentice earned National Collegiate Wrestling Association (NCWA) All-American honors, United States Collegiate Athletic Association (USCAA) All-Academic Team honors and was named to the Virginia Sports Information Directors All-State Wrestling team.

Wrestling at 125, Messick finished the year 33-7, 17-1 against NCWA competition and had eight pins. At the NCWA Nationals, he defeated a three-time All-American to capture gold and become the first National Champion for The Apprentice School since 2010. During the season, Messick put together a stretch of 19 straight wins and posted a 4-0 record at this year's Virginia Duals. As a sophomore, Messick finished the year with a record of 20-10 and eight pins and fell just short of All-American honors.

Head Coach Micah Amrozowicz is very proud of Colton Messick and his accomplishments as a Builder. "Messick is the type of athlete every coach dreams of. A true diamond in the rough. He came in to the Apprentice School an average wrestler but knew that hard work would pay off. He bought into our system and believed in his coaches. He hands down represents what Apprentice wrestling is all about. Hard work and dedication equals success. He wasn't born a natural wrestler, he earned his success through dedication, sweat and hard work. Proud to be his coach and I think his success will motivate others to follow his path."

"Colton has faith in his coaches and always looks to his corner for advice. He trusts our judgment and follows a game plan. He has progressed further than anyone I have ever coached, from a 2nd/3rd string wrestler into a national champion in less than two years. I have never seen him quit. He is consistent and dependable in the line-up. He asks questions and looks to build his skills at every practice, even after practice and in the off-season. Colton is not great in any single aspect of wrestling, but he is good at all of them and I think that is why he is a champion," said Will Harcum, assistant coach.

"I've learned throughout my apprenticeship that time management is the key to success. I've had to set short and long term goals in the classroom, on the waterfront and in the wrestling room to be successful. These goals remind me every day to do what I can do to be the best," says Colton Messick about his experience at The Apprentice School.





THE APPRENTICE SCHOOL WISHES TO CONGRATULATE



Colton Messick

THE APPRENTICE SCHOOL
2017-2018 ATHLETE OF THE YEAR

Jordan Forbes

After a stellar second season that saw him rewrite several categories in the Bryant & Stratton record book, Jordan Forbes was named Bryant & Stratton College Athlete of the Year.

A Warwick High School graduate, he averaged 16 points, 10 rebounds and five assists per game earning National Junior College Athletic Association (NJCAA) Second Team All-American, Region 10 First Team All-Conference and Player of the Year honors as the Bobcats finished 19-10.

He scored a season high 33 points in a win over Davidson County CC and added 31 twice against Fayetteville Technical CC. He dished out 11 assists against Vance-Granville CC. Forbes recorded a triple-double with 16 points, a season-high 19 rebounds and 10 assists against Guilford Technical CC.

For his junior college career, he finished as Bryant & Stratton's all-time leader in points scored (987), rebounds (544) and assists (251). He will now attend Salem University in West Virginia to finish his collegiate playing career.



CONGRATULATIONS

from Bryant & Stratton College



SECOND TEAM
ALL-AMERICAN
(NJCAA)

FIRST TEAM
ALL CONFERENCE

PLAYER
OF THE YEAR

ALL-TIME
SCHOOL LEADER
IN POINTS,
REBOUNDS
AND ASSISTS

Jordan Forbes

Athlete of the Year
2017-2018



Jeff Dover

Capping off one of the most memorable years in CNU athletics history, Jeff Dover finishes off a stellar season being named the Christopher Newport University Athlete of the Year.

In early June he was named the 2017-18 Capital Athletic Conference Male Athlete of the Year after piecing together a series of historic efforts for the Christopher Newport cross country and track & field teams.

With the award, Dover becomes the first Captain in school history to secure the CAC Male Athlete of the Year honor. He is also the first distance runner in conference history to earn the recognition.

Stockpiling awards throughout the 2017-18 school year, Dover was named an All-American during both the cross country and indoor track & field seasons. The Moyock, North Carolina native also picked up six All-Region awards and a pair of All-Conference plaudits for his efforts during the year. Especially dominant over the winter, he was named the NCAA South / Southeast Region Indoor Track Athlete of the Year.

Along with filling his trophy case, Dover also torched the record books. During an epic track & field season, the senior set four school records and a pair of conference marks.

Capping off his record-breaking efforts, Dover established new school standards in the 1500 (3:47.81) and 5000 (14:21.61). His clocking in the 1500 also set a new benchmark in the Capital Athletic Conference.

Bolstered by his efforts in 2017-18, Dover stands as the most decorated distance runner in CNU history. Along with his three All-American honors this year, he was also celebrated in the outdoor 1500 in 2017 and the indoor DMR in 2016. A consistent presence on the national stage, he became the first athlete in league history to compete in six consecutive NCAA Cross Country and Track & Field Championships after advancing to each title meet since the start of the 2016-17 school year.

Along with his athletic achievements, Dover also excelled in the classroom. A perennial Academic All-Conference selection, he also earned a spot on the USTFCCCA National All-Academic Team while earning his degree in environmental biology.



Congratulations **CAPTAINS**

JEFF DOVER & PAUL TRIBLE



Meshala Morton

A senior from Stafford, Va., Meshala Morton will be recognized by the Peninsula Sports Club as the Hampton University Athlete of the Year at the annual Headliners Night dinner on June 25.

Morton made her mark on the track in the sprint events in her four years at Hampton University. She has earned All-Mid-Eastern Athletic Conference recognition in the relays and in the 100 meters. This year she earned MEAC Runner of the Week honors after setting season-best, along with then MEAC-best, times in the 100 meters (11.75) and 200 meters (24.20) in the Weems Baskins Relays at the University of South Carolina in March.

She ran leadoff legs this year in the 4x100, 4x200, and sprint medley relay teams this year, while being named to the All-MEAC Third Team with her finish in the 60 meter dash in the indoor season this year.

Morton is the daughter of Emma and Kenneth Morton and has two siblings (La'Keisha and Cardell). She graduated on May xx with a major in kinesiology and a minor in psychology. Morton will begin graduate school in the fall at Ithaca College to pursue a masters degree in sports psychology.

Her goal is to compete in the 2020 Olympics and be a psychologist for athletes.

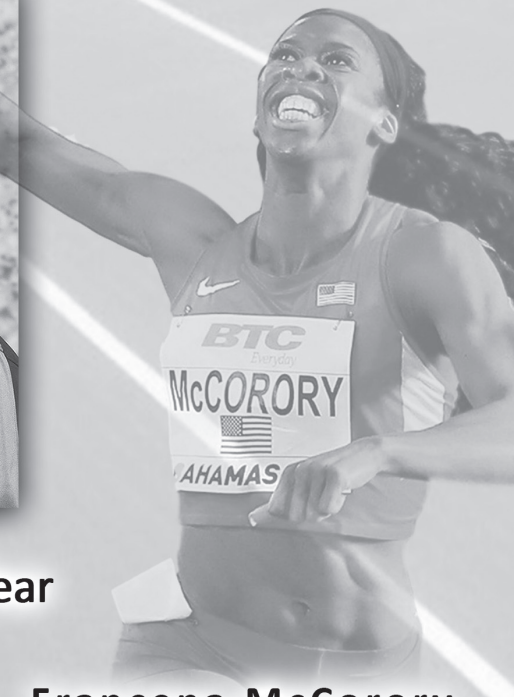


Congratulations

Hampton University Standouts



Meshala Morton
Hampton University Athlete of the Year



Francena McCorory
Thad Madden Award



Yvette Lewis
Thad Madden Award



HAMPTON UNIVERSITY

www.hamptonpirates.com

DeAndre Demiel

Following his college coach from The Apprentice School to Stratford University, DeAndre Demiel made his mark in the first season of Stratford University basketball.

Demiel averaged 12.5 points, 5.8 rebounds, 4.8 assists and 2.1 steals per game as the Cardinal finished 16-9 under head coach Frank Chatman. He finished the year leading the United States Collegiate Athletic Association Division 1 in steals and third in assists per game.

He recorded a season high 20 points twice against Kent State-Tuscarawas and Concordia College. Demiel dished a season best 11 assists in both meetings against Barber-Scotia, while recording a season high seven steals in the second meeting with Barber-Scotia.

Those numbers helped him become the Stratford University Athlete of the Year.





Congratulations!
*Stratford University is proud
of your accomplishments.*



**DeAndre
Demiel**

*Stratford
University
Athlete
of the Year
2017-2018*



DeAndre Demiel was the United States
Collegiate Athletic Association Division I leader
in steals and third in assists per game.

Kerstain Aliyah Carter

Kerstain Aliyah Carter is the true definition of a student-athlete at Thomas Nelson Community College because of her determination and dedication in achieving academic goals in the classroom and on the sideline as a Gators cheerleader.

Kerstain graduated from Charles B. Aycock high school in Pikeville, NC in June 2012 at the age of 16 with a 3.8 GPA and academic honors. She enrolled in Thomas Nelson in the spring of 2015 and then joined the Gators cheerleading team.

Carter earned a Certificate in General Education in 2016, an Associate of Science in Social Science in 2017, and an Associate of Applied Science in Paralegal Studies in 2018. In addition to completing fifteen credits this past spring semester with a semester GPA of 3.6 at Thomas Nelson, Kerstain was dual enrolled at Hampton University where she also graduated with a Bachelor of Arts in Paralegal Studies.

On the sidelines of the basketball court, Kerstain was the team captain for the cheerleading squad for two seasons. Her leadership skills helped propel the squad to new levels. The rapport she has built with her coaches and teammates created a true sense of teamwork and friendship where the bond will remain lifelong with all who cheered alongside Kerstain.

Her future academic and professional goals are to pursue a Master of Arts in Law with a concentration in advanced paralegal studies and apply for admission to law school at Regent University. In addition, she is a loving mother to her two-year old daughter, Aaleahyah, and a veteran of the United States Army.

Kerstain Aliyah Carter is the first cheerleader selected from the college as the recipient of the Peninsula Sports Club Athlete of the Year based on her outstanding academic accomplishments and cheering support to "Get in the Game with the Gators."



The Peninsula's Community College

CELEBRATING 50 YEARS





**Thomas Nelson Community College
supports student athletes to reach
their full potential in their pursuit
of achieving academic and
athletic success.**

Competitive Sports:

Baseball (NJCAA Member)
Basketball (Men & Women)

Club Sports:

Cheerleading
Soccer (Men & Women)
Softball (Women)

Intramural Sports:

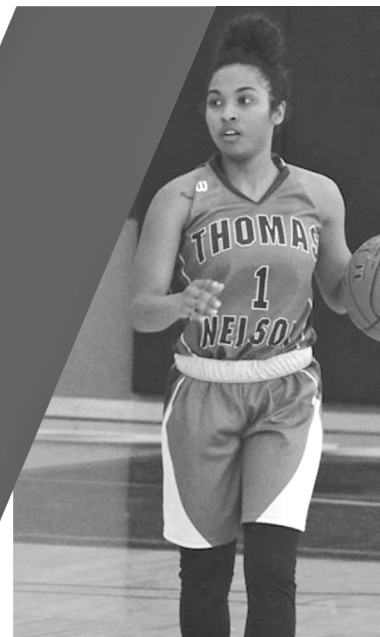
Golf
Running
Volleyball
Any sports expressed as an interest

For further information on
participation/eligibility requirements,
call (757)825-3888 or
email athletics@tncc.edu



The Peninsula's Community College

Success. It's closer than you think.



Thomas Nelson Community College does not discriminate on the basis of race, color, sex, religion, national origin, marital status, political affiliation, sexual orientation, gender identity or against otherwise qualified persons with disabilities, or other non-merit factors in its programs and activities. Inquiries related to the College's non-discrimination policies should be directed to the Associate Vice President for Student Affairs in Harrison Hall at 757-825-3519.

Leia Mistowski

Leia Mistowski will go down in history as one of W&M's all-time great track & field athletes. Originally from Narragansett, R.I., Mistowski broke her first school record while just a freshman, and went on to break 16 school records and earn two All-American honors for the Tribe. Mistowski graduated in 2018 with her degree in kinesiology and health sciences, and will be attending W&M's School of Education in 2018-19 to earn her Master's degree in Elementary Education.

In her freshman year, she won the Colonial Athletic Association conference championships in the hammer throw, in addition to breaking the school record at 55.52m (182-2). She was also named All-East outdoors after finishing in the top-eight at the ECAC Championships, competing against athletes from throughout the Northeast, including the ACC, Big 10, and Big East conferences. Her next year, Mistowski broke the school record six more times, including in the weight throw indoors and the hammer throw outdoors, and qualified for the NCAA Championships for the first time in the hammer throw. She repeated as the CAA Champion in the hammer throw, and was named All-East both indoors in the weight throw and outdoors in the hammer.

As a junior, Mistowski faced perhaps her toughest challenge, heading into the conference championships as the underdog for the first time. She responded with a performance for the ages, winning her third CAA title in the hammer and breaking the conference and school records at 62.03m (203-6). Mistowski would go on to compete at the NCAA Championships for the second time, this time advancing to the national finals and earning honorable mention All-America honors. She finished the year with four school records in total, and was named All-East once again both indoors and outdoors.

As a senior in 2017-18, Mistowski put the finishing touches on an outstanding career. She finished a best-ever second at the ECAC Championships indoor in the weight throw, finishing her indoor career with another school record at 19.84m (65-1.25). Outdoors, she went through the regular season with just one loss to collegiate competition and four losses total, winning the Colonial Relays and finishing second at the Penn Relays. She won her fourth-straight CAA Championships, breaking the school, conference, and W&M stadium records once again at 62.46m (204-11), and was named the CAA's Most Outstanding Field Athlete of the Championships. The next week, she won the ECAC Championships for the first time, and once again broke her own school record for the 16th time at 62.89m (206-4). She then advanced to the NCAA Championship semifinals, and again threw well enough to advance to the national finals and her second All-America award.



THE COLLEGE OF WILLIAM & MARY

*Leia Mistowski will go down in history
as one of William & Mary's all-time
great track & field athletes.*

Tribe

CONGRATULATIONS

LEIA

ON YOUR

OUTSTANDING

ACCOMPLISHMENTS



16 School Records

Two
All American
Honors

**WILLIAM
& MARY**

Chartered in 1693

Christina Herbert

Christina Herbert is the only four-year All-American in the history of the Bridgewater College athletic department, earning first team honors and qualifying for the NCAA championships in each of her final three seasons. As a junior, she won the NCAA Division III national championship, led the nation in scoring average, and was named the National Player of the Year by both WGCA and Honda.

A three-time ODAC individual champion and three-time ODAC Player of the Year, Herbert led Bridgewater to the program's first two conference championships (2016, 2017) and a Golfstat #13 national ranking in November 2015. In 2017, she named the VaSID State Player of the Year- an award that includes all divisions- after recording the lowest stroke average of any player in the state, including D-I.

A psychology/neuroscience major with a 3.93 GPA, Herbert was a first team Academic All-American selection last year. She earned the Geisert Scholar-Athlete Award as Bridgewater's top senior student-athlete, and was named the ODAC/Farm Bureau Scholar-Athlete twice. Her extracurricular activities include Student-Athlete Advisory Committee (S.A.A.C.), treasurer of Psi Chi, Fellowship of Christian Athletes, Relay for Life, and volunteering at homeless shelters in Harrisonburg and back home in Williamsburg.





Trenton Cannon

From Kecoughtan High School, to Virginia State University and now to the National Football League, Trenton Cannon has proven himself at every stop.

On April 28, the ultimate honor was bestowed on Cannon as he was drafted in the sixth round by the New York Jets.

Cannon has received numerous accolades for his outstanding performance this season. He was selected to play in the 2018 National Football League Player Association Collegiate bowl that took place on January 20. Cannon led the Trojans to an undefeated regular season, piling up 245 all-purpose yards per game.

In addition, he was named the CIAA Offensive Player of the Year, and was the second consecutive VSU player to take home the Lanier award. The Lanier award is given to the best small-college player in the state of Virginia. Trenton received the Offensive Back of the Year honor by the Touchdown Club of Richmond. Cannon lead the CIAA in overall rushing yards this season (1,387) and rushing yards per game (154.1). He also produced 14 touchdowns on the season.

Out of the ten-week regular season, the Hampton, VA native earned five Offensive Back of the Week honors. Trenton is currently VSU's All-Time Rusher with a total of 3,780 yards.

For these honors, Cannon was selected the Peninsula Sports Club In-State Male Athlete of the Year.



Britani Bryson

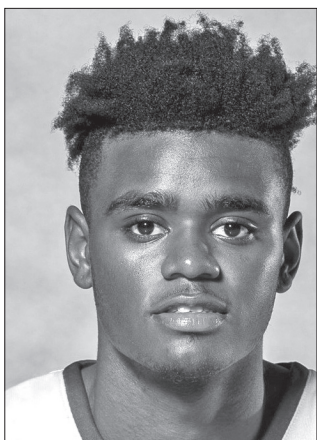
Britani Bryson has been one of the most influential players on Goldey-Beacom's women's basketball team the last four years with her rugged toughness in the paint, solid shooting both inside and out, her desire to win and her overall team leadership.

In being named second team All-Central Atlantic Collegiate Conference this season, she closed 34th in the country with 9.8 rebounds per game, 48th with 11 double-doubles, 50th with 275 rebounds, 59th with 1.68 blocks per contest, 60th with 47 blocked shots and 71st with a .483 field goal percentage. Bryson also is 11th in the conference with 13.8 points per game and third with 9.8 rebounds per contest.

The season capped a truly remarkable career in which she became the first player in school history to reach 1,000 career points, 1,000 career rebounds and 100 career blocks. The second team all-league pick from 2017 and third team selection from 2016 ended her career third in school history with 1,482 points, second with 1,071 rebounds, second with 604 field goals, third with 143 blocks and seventh with 272 free throws.

Bryson also ends with 45 career double-doubles, which included 15 last season and 12 the one prior.





Brandon Tabb

SENIOR YEAR: (2017-18) Named the Mid-Eastern Athletic Conference Player of the Year and First Team All-MEAC ... also named to the National Association Basketball Coaches All-District 15 Second Team ... was one of the most prolific scorers and shooters in the MEAC as he averaged 19 points over the course of the regular season ... finished fourth nationally in free throw shooting in the nation with a 91.4 clip (140-of-155) from the line while also a major threat from beyond the arc as he ranked second in the MEAC with 97 three-pointers made ... He had four 30-point performances with highs of 34 against Coppin State and Morgan State, which earned him MEAC Player of the Week (2/20) and 15 games with 20-plus point outings ... in the game at Coppin, he became BCU's 30th 1,000-point scorer ... Tabb also tied for the MEAC's single-game high in three-pointers made with eight at Georgia Tech ... His 97 made three-pointers are second in Bethune-Cookman single-season history behind his 2016-17 totals of 106 makes. He finished 22nd all-time in scoring and topped as BCU's single-season and career leader in free throw percentage ... finished 2nd in the MEAC and ninth nationally with 288 3ptFGA, and second in the MEAC and 15th nationally with 3.23 3ptFGM.



OUTSTANDING OUT-OF-STATE COLLEGE MALE ATHLETE OF THE YEAR



Brian Skinner
President and Regional
Executive Officer of
TowneBank



Building stronger communities is a cornerstone of TowneBank's philosophy. Whether it is volunteering, fundraising, or through donations, TowneBank proudly supports non-profit organizations committed to helping our communities. TowneBank continues to receive a Community Reinvestment Act (CRA) Performance Rating of 'Outstanding' from the FDIC. This rating is the highest rating a bank can receive and demonstrates the bank's commitment to investing in the community through small business loans, charitable giving and volunteerism.

Decisions regarding TowneBank support for non-profits are primarily made at the regional level. Brian Skinner, President and Regional Executive Officer of TowneBank for the Peninsula, has made a significant impact in the community since he joined TowneBank in 2007. Not only does TowneBank contribute over \$500,000 annually to various non-profits on the Peninsula – but Brian and his bankers donate hundreds of hours in community volunteerism.



Since 2001, TowneBank as a whole has given back to over 200 non-profit organizations, below is a small sample size of the various Peninsula based organizations we support!

- United Way of the Virginia Peninsula
- Virginia Living Museum
- Boys and Girls Club of the Virginia Peninsula, Inc
- An Achievable Dream
- Children's Health System, parent organization of Children's Hospital of the King's Daughters
- Christopher Newport Education Foundation
- Jamestown-Yorktown Foundation
- Greater Peninsula NOW
- Hampton Roads Economic Development Authority
- Boys Scouts of America – Colonial Virginia Chapter
- Roc Solid Foundation
- Virginia Peninsula Food Bank

The Kappa Alpha Psi Fraternity



PRESIDENT'S AWARD

The Kappa Cardinals Athletic Association is an element of Guide Right; Kappa Alpha Psi Fraternity's National Service program for youth. For the last 22 years, the fraternity's Hampton-Newport News (VA) Alumni Chapter and its athletic association has effectively used youth sports as a means to maintain continuous contact with over 200 area youths annually. The Chapter, in partnership with the City of Hampton's Department of Parks Recreation and Leisure Services, aspires to provide wholesome recreational activity and mentoring for young men and young ladies on the Virginia Peninsula and its surrounding cities.

Currently the athletic association provides administrative support and oversight for four youth football teams, four cheer squads and eight basketball teams. The ages range from 6 to 14 years for football/cheerleading, and from 6 to 18 years for basketball. Key to the athletic program is its educational component, where progress reports and report cards are monitored and tutoring is provided as needed. Members of the Chapter serve as tutors along with other community volunteers.

The budget for the sports program averages over \$25,000 annually. Revenue to support the activities of the athletic association are derived from nominal participation fees from participants, general fundraising, concession stand revenues, and individual contributions made by and through the Kappa Alpha Psi Fraternity Achievement Foundation.

Participants in the athletic program provide a pool from which members are selected for the chapter's Kappa Youth Leadership League; a national leadership development and mentoring group for boys ages 12 to 18.

2017-2018 Milestone Award Winners

Since 2006, the Peninsula Sports Club has been honoring individuals who have a minimum of 15 years of outstanding service and significant contributions to their sport.

They are individuals who have attained distinction or recognition on the regional, district, state conference or national level. Ones that educate or mentor athletes, coaches or athletic administrators and have promoted character development and ethical sportsmanship for the betterment of their sport, have exhibited extraordinary leadership and is an ambassador of their sport.

They all have an outstanding record, exceptional accomplishments and a distinguished career in their sport.

FELINO ERES, JR.

Involved with the City of Newport News Department of Parks, Recreation & Tourism in many capacities, Felino now serves as their Athletic Programs Supervisor. Since 1980, thirty-eight years, Felino has primarily been involved with facility operations and athletic programming. One of many highlights in his career includes that of having the responsibility in 1999 of the opening, facilitating, and managing of the \$10 million-dollar Midtown Community Center along with involvement in the Virginia Senior Games and the AAU Junior Olympic Games to include State and National Championships.

CARTER FICKLEN

Thirty-five years of his life have been spent officiating or coaching our youth on the Peninsula. His sporting career includes twenty years umpiring fast and slow pitch softball, twenty-one years as a VHSL basketball referee, twenty-six years coaching basketball, and thirty-five years officiating football. In addition to all of this, Carter served administratively for tennis programs. A real tribute for Carter is the love that many of his players have for him as they continue to call and recant with him their shared memories even as they grow older.

MARY GLISAN

Mary spent twenty-eight years of her life coaching girls' and boys' basketball in the Williamsburg youth. Most of her time has been spent at Jamestown High School and Berkeley Middle School, and she possesses a winning coaching percentage of 64%. She, also, spent twelve years coaching girls' softball.

DON MILLER

Don has umpired softball, and refereed football and basketball along with coaching youth basketball for most of his life. In addition to officiating youth athletic games and basketball at the VHSL level, Don has held several administrative positions as well. For forty-one years of his life, he has dedicated countless hours to serving our Peninsula athletes as a sports official.



2017-2018 Milestone Award Winners

BEN MOORE

Energetic, emotional, and invested are some of the terms used to best describe Ben. With some 300 wins as basketball coach, he spent thirty plus years being more than a coach. He was a model his players could look up to. He was a dad to many that were without one. He could always be counted on by his players to have his support. Ben was honoring and supporting his players even to his last breath as Greg Henderson, Menchville Athletic Director says, "Moore was a professional in the truest sense of the word and he's invested in those kid's 100 percent." Ben spent his life devoted to helping young people regardless if they were an athlete or not.

BILLY MOORE

Billy has touched the lives of many girls and boys during his thirty-seven plus years of coaching and officiating as a supervisor with the Gloucester Parks, Recreation and Tourism Programs. He initiated leagues of tee-ball, soccer and whiffle ball for the Gloucester youth. Additionally, Billy found time to be the Director of Intramurals at the community college level. No one knows exactly how many Gloucester youths he has had an impact on during his life, but it is estimated to be in the thousands.

BRUCE SHUMAKER

Forty years of his life has been spent coaching wrestling at the high school and college levels. A National Coaches Wrestling Association inductee, Bruce shared his talents on the Peninsula at Denbigh, Mathews, and Lafayette High Schools, and the Newport News Apprentice School where he retired in 2017. Bruce is additionally a member of the Virginia Chapter of the National Wrestling Hall of Fame.

MIKE TALLON

Mike is best known for his success as a girls' basketball coach for thirty-eight years at Phoebus and Woodside High Schools. However, he is the only Peninsula District softball coach to win a state championship in addition to his two girls basketball state championships. With his 664 basketball wins, he is third all-time in the state of Virginia. Mike's eighty-nine consecutive wins in girls' basketball is a Peninsula District record for male or female teams.

STEVE WHITLEY

Steve has officiated basketball for forty plus years at the high school level, and twenty-five years at the college level. He has served many years on the Basketball Executive Board, and presently serves as the Commissioner of the TBOA basketball officials. Steve also coached fast pitch softball for a number of years.



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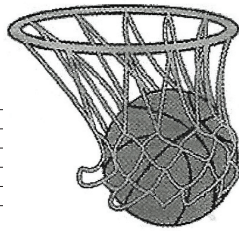


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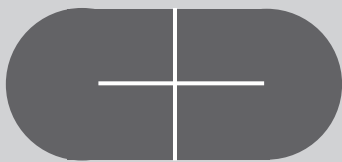


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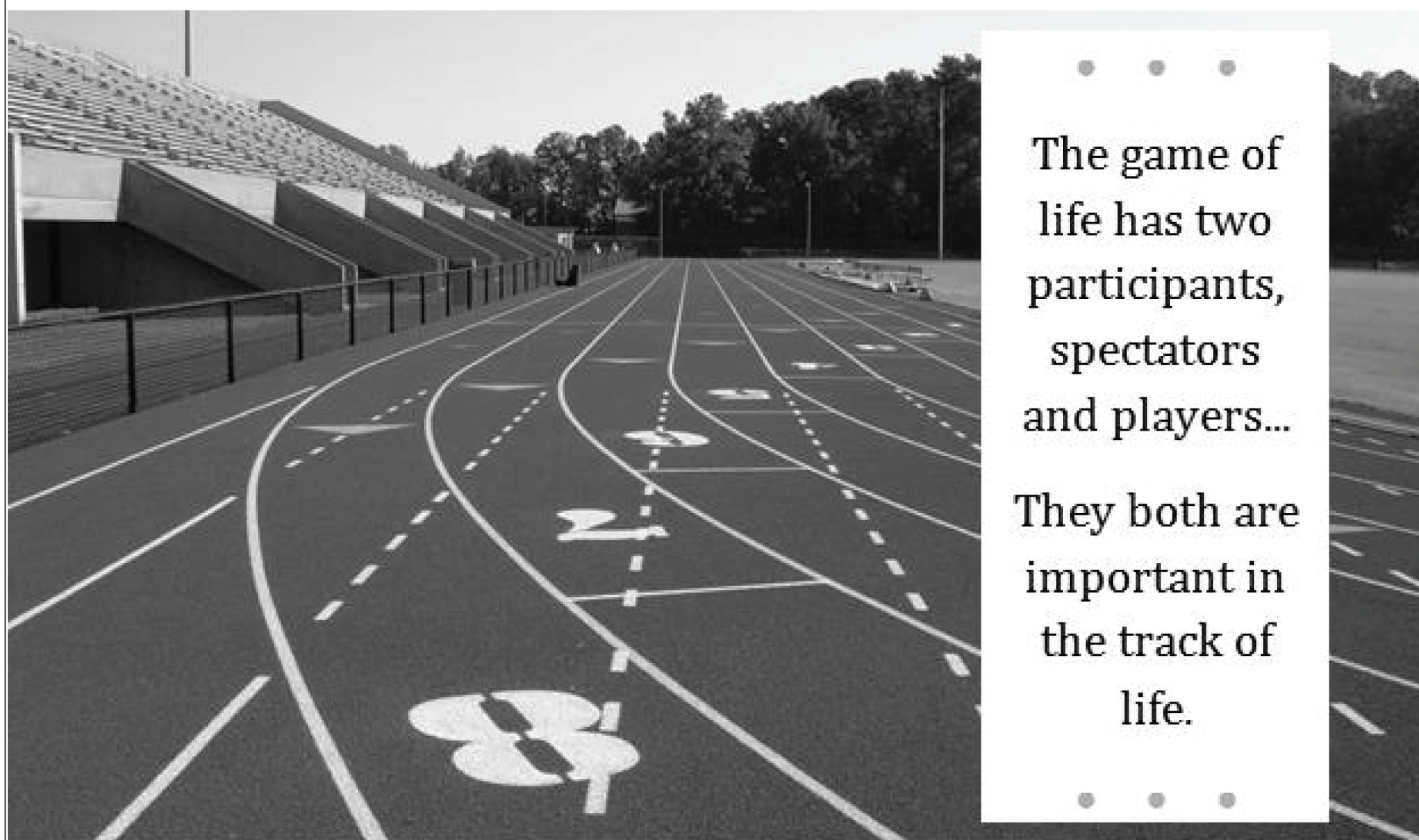


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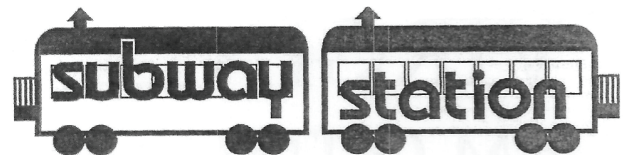
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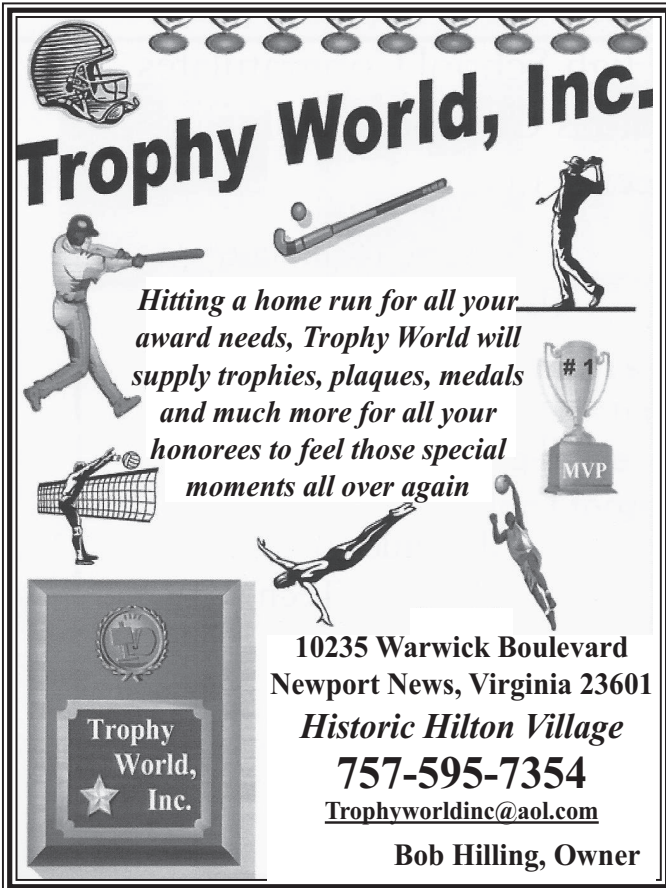
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